

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sonja Nel

Has successfully participated & completed the

Team - Standard Cowhouse Cross Duathlon 2017 #1

held at Cowhouse Market.

TIME 02:06:38

PACE 04:12/km

OVERALL 2 of 2

GENDER 2 of 2

40 - 49 2 of 2

14 May 2017, Sun

Date



BoutTime

Signature